

*Isle
of Eriska*
Hotel, Spa & Island
Part of the ICMI Collection

Massage

Eriska Back, Neck and Shoulder Massage, 30 minutes	£50
Leg Reviver, 30 minutes	£45
Oriental Head Massage, 30 minutes	£45
Eriska Traditional Massage, 60 minutes	£90
Reflexology, 60 minutes	£90
Deep Tissue Body Massage, 60 minutes	£95
Deep Tissue Body Massage, 80 minutes	£120
Ishga Invigorating Massage, 60 minutes	£88
Aromatherapy Massage, 80 minutes	£99
Ishga Hot Poultice Body Massage, 80minutes	£110
Ishga Hot Stones Massage, 80 minutes	£110
Pregnancy Massage, 80 minutes	£101

Body

ESPA Salt and Oil Scrub, 30 minutes	£45
Ishga Salt & Oil Scrub, 30 minutes	£45
Lifesaving Back Treatment, 60 minutes	£75
Restorative Mud Envelopment, 60 minutes	£80
Detoxifying Algae Wrap, 60 minutes	£90
Ishga Seaweed Body Wrap, 60 minutes	£80
Total Body Care, 80 minutes	£99
Total Body Care, 100 minutes with Hot Stones	£120

Face

Discover ESPA Facial, 30 minutes	£50
ESPA Facial, 60 minutes	£90
Skin Radiance Facial, 90 minutes	£110
Back Face & Scalp Treatment, 80 minutes	£106
Discover Ishga Facial, 30 minutes	£50
Ishga Facial, 60 minutes	£90
LED ESPA Facial, 60 minutes	£120
Express LED ESPA Facial, 30 minutes	£75

Hands and Feet

File and Polish, 20 minutes	£30
Hand Treatment, 30 minutes	£35
Spa Manicure, 60 minutes	£54
Spa Pedicure, 60 minutes	£54
Paraffin Wax Treatment, 15 minutes	£10

Nail treatments are unsuitable for clients with gel nails, overlays, extensions.
After polish application we advise minimum of 1 hour of drying time and
After your Pedicure you are advised to wear suitable footwear.
